



TRAVEL REFLECTION SERIES



Journal  
Prompts  
For *Black*  
Travelers

@ALWAYSONTHEGOTRAVELS

AOTGTRAVELS.COM



BLACK EDITION

@ALWAYSONTHEGOTRAVELS

# 15 Journal Prompts for Black Travelers

1. What part of my identity felt affirmed?
2. What does traveling well as a Black person mean to me now?
3. What did rest and healing look like for me on this trip — mentally, emotionally, spiritually?
4. When did I feel joy without explanation or justification?
5. How was I received in this destination as a Black traveler?
6. What moment made me feel proud of who I am?
7. Where did I notice cultural connection or familiarity?
8. What boundaries did I honor while traveling today?
9. What did safety feel like here - and where did I find it?
10. What assumptions (mine or others') were challenged on this trip?
11. How did I intentionally choose joy today?
12. What does freedom look like for me in this place?
13. How did travel allow me to soften or exhale?
14. What did I learn about the world — or myself — through a Black lens?
15. What memory from this trip feels sacred?



HIT THAT  
LIKE BUTTON



BOOKMARK  
FOR LATER