



TRAVEL REFLECTION SERIES



# Journal Prompts For *Couple* Travelers

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COUPLES EDITION

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# 15 Journal Prompts for Traveling Together

1. What did I appreciate most about my partner today?
2. When did we laugh the hardest?
3. What moment felt most connected?
4. How did we support each other today?
5. What surprised me about my partner on this trip?
6. How did travel shift our communication?
7. What challenge did we navigate well together?
8. What rhythm did we fall into naturally?
9. What moment felt playful?
10. What did slowing down together teach us?
11. How did we make space for individuality?
12. What shared decision strengthened us?
13. What felt romantic in a quiet way?
14. What memory will we talk about years from now?
15. What tradition would we repeat on future trips?



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