



TRAVEL REFLECTION SERIES



Journal
Prompts
For *Family*
Travelers

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FAMILY EDITION

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15 Journal Prompts for Family Travel

1. What moment today will make us laugh later?
2. When did our family feel most connected?
3. What did the kids teach me today?
4. What was unexpectedly joyful?
5. How did we practice patience with each other?
6. What moment felt chaotic but meaningful?
7. What memory will last the longest?
8. What did I learn about my family member today?
9. What tradition did we strengthen or create?
10. When did we work as a team?
11. What challenged us as a family?
12. What did travel reveal about our family dynamic?
13. What did quality time look like today?
14. What will the kids remember most?
15. What does this trip remind me about family?



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